

81 wingewarra st,
dubbo, 2830



ph: 02 6882 6633
fax: 02 6884 8542

Email: eyes@eyecarecentre.com.au

Checklist for Children

APPEARANCE OF EYES

- One eye turned in or out
- Frequent blinking
- Squints or screws up eyes
- Frequent styes or infections
- Excessive eye movements
- Excessive watering of eyes or light sensitivity

COMPLAINTS

- headaches
- difficulty seeing clearly at distance
- blurring of vision while reading or writing
- seeing double
- eyes burning or itching during or after close work

BEHAVIOUR

- holds book very close
- avoids close work
- loses place when reading, skips lines
- omits words or makes errors when reading or copying
- closes or covers one eye when reading or working at near
- Confuses similar words, fails to recognise same word in different context
- Has a short attention span when reading or writing
- Has poor or unusual sitting posture when reading
- Tilts head excessively to one side, up or down
- Makes excessive head movements when reading
- Squints or frowns to see blackboard clearly
- Rubs eyes frequently
- Thrusts head forward to see distant objects
- Has obvious tendency to favour one eye
- Is nervous, irritable, tense or restless after maintaining close work